

TRINITY ATHLETICS

Physical Education & Athletics at TCS 2021/2022

Gym Strip

The new gym strip is in and it looks awesome! It's great to see students in our PE classes unified in our school colours.

We've had a few questions from students regarding gym strip, so here are the most frequently asked questions:

Why do we have school mandated gym strip?

For a number of reasons; (1) This way we can ensure all students have access to good and safe gym gear that does not restrict movement, (2) To reinforce the importance of changing for PE to promote healthy hygiene and to get into the mental headspace to engage in physical activity, (3) This gym strip has been approved by our school admin and meets our school's dress code (4) Having unified gym strip communicates to students the teamwork and collaboration that we expect under the Trinity banner because WE ARE ALL EAGLES!

Do students need to wear TCS gym strip every day?

Yes! Of course, we encourage students to wash their strip regularly, but this should be done on weekends so that they can ensure they have it for the following Monday. Starting in November, almost all of our students should have their TCS gym strip and will be expected to wear them in every PE class.



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Gym Strip (cont'd)

What if I missed the deadline to purchase gym strip from the online store?

The PE department has purchased a few extra shirts and shorts that students can purchase. The shirts are \$10 each and the shorts are \$20. Payment can be in the form of a cheque (made payable to Trinity Christian School) or by cash.

Will the online store offer gym strip again in the future?

Yes, we plan on adding the gym strip back on the online school store again in January 2022, it will be up for a limited time only.

What is the status of the items on backorder or missing items?

We have been told that these items will arrive shortly. After the backorders are completed, if you are still missing items, please contact Fresh Brand Gear directly via email (Admin@freshbrandgear.com).

Phys Ed Assessment

This month you will start to see PE marks rolling into PowerSchool. We have been assessing (formatively and summatively) using these [PE Rubrics](#). We are proud of the hardwork many of our students have put in so far this year.

PE Volleyball Round Robin Champs

Volleyball has wrapped up in PE for the year and we have been blown away by how far students have come! Many students have begun to find their confidence in their abilities and their skills show it! Our unit wrapped up with a round-robin tournament and we have had many highlights in the final games!



Eagles Volleyball Playoffs

Our volleyball season will wrap up this month with all of our teams playing in Year-End Tournaments and playoffs. Our senior teams will be playing in playoffs the week of November 15-19 and our 7 and 7/8 teams will be playing in YE tournaments on November 19/20. Although spectators are limited at most venues, we encourage you to look out for links of live streams - you can watch our teams play from home!

Eagles Intramurals

As the colder weather rolls in, we will begin our first round of intramurals. We are excited to create more opportunities for our athletes to participate in sport and build community! Stay tuned to hear what our sport of choice is and how your child can get involved!

WANTED

Basketball Coaches

Trinity Athletics is looking for basketball coaches for the upcoming season! Do you have a passion for basketball and want to share it with our athletes? Then we want you! Contact Mr. D or Ms. Collins to discuss available positions.



2021/22 Eagles Basketball Season

As sad as it is to see the volleyball season finish up this month, we are excited about the upcoming basketball season. Please stay tuned as we will announce dates for basketball tryouts towards the end of the month. Most of the season happens after Christmas break, but expect some games and, possibly, tournaments before the break.